



THE SHAOLIN TEMPLE OVERSEAS HEADQUARTERS
INVITE YOU TO A SPECIAL BUDDHIST RETREAT WITH
VENERABLE SHI GUOLIN



Located in Catskills, NY
at *DAI BOSATSU ZENDO*

October 7th, 8th, and 9th – Columbus Day Weekend
\$260 for three days (shared room with meals included)
Sign Up Immediately – Limited Space Available!

Workshops Include:

- Meditation
- Five Elements
- Bodhidharma Yi Jin Jing
- Shaolin Internal/External Kung Fu
- Guide to Health and Wellness

<http://www.shaolin-overseas.org>
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