UNDERSTANDING WELLNESS AND LONGEVITY

The Mystery of Shaolin Qigong

A Seminar with Master Guolin

Saturday, January 21, 2012

Seminar Fee: $75.00

9:30am-3:30pm *(lunch break 12-1)*

77 Tarrytown Road, Suite 1W, White Plains

Master Guolin was born in Henan, China. At the age of fifteen, he began monastic life at the Yunmushan Temple and a year later entered the Shaolin Temple. Master Guolin became a disciple of Shi Yong Xin and held the position, "Director of Research" at Shaolin Temple. He is well versed in Buddhism, Taoism, Five Elements Theory and Confucianism. Master Guolin came to New York in 1992 and has taught at many notable institutions. He has dedicated himself whole-heartedly to learning, practicing, spreading and developing the Shaolin tradition.

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