

SHAOLIN TEMPLE OVERSEAS HEADQUARTERS

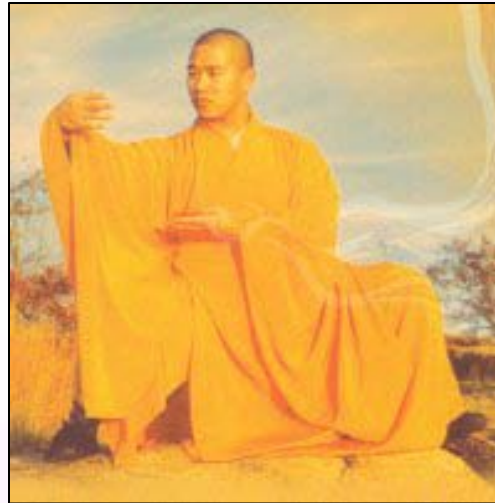
WINTER INTENSIVE PROGRAM

WITH GRANDMASTER GUOLIN

**Open to All Students, Friends
and Family**

Cost of Program: \$180

To register contact:
info@shaolinnyc.com
914.391.3844



Program includes:

- Breathing and Chi Techniques
- How to Use Chi for Meditation,
Qi-Gong and Kung Fu
- Bridging Mind &Body through Breath

Wednesday and Thursday, December 28th & 29th

6:30pm – 9:30pm

Located at

Shaolin Temple Overseas Headquarters
132-11 41st Avenue - Flushing, NY 11355